



GAA COMMUNITY & HEALTH NEWSLETTER

APRIL 2022



The GAA's new gambling awareness campaign, 'Stop Before You Just Can't Stop', is designed to help people recognise behaviours associated with problem gambling and to assist them access support services available to them.

The campaign is kindly funded by Gambling Awareness Trust. The GAA's work in gambling awareness acknowledges research that highlights athletes as an at-risk group when it comes to problem gambling. The timing of the campaign launch – during the reopening of society in Q1 2022 – also recognises reports of a significant increases in online gambling during the pandemic.

The campaign message is clear: if you feel you are exhibiting any of the behaviours associated with problem gambling and want to 'stop before you can't stop', avail of the services provided by GamblingCare.ie or ProblemGambling.ie. Their professional support can make all the difference.

Uachtarán CLG, Larry McCarthy, said:

"The GAA has taken unrivalled steps to decouple Gaelic Games from gambling. However, problem gambling remains a societal issue of concern; one that has negatively impacted the lives of numerous GAA players and their loved ones. Through this campaign we encourage any GAA member who may be concerned about their gambling to access as early as possible the supports that are proven to help one deal with problem gambling."

The 'Stop Before You Can't Stop' campaign reinforces the ground-breaking decision by GAA Congress 2018 to prohibit sponsorship by betting firms of any GAA competition, team, playing gear, or facility.

GAA rules governing gambling include the successful 2017 motion to Congress prohibiting any player, team, member of a management team, or match official, from betting on any element of a game in which they are involved. The monitoring of this rule has been strengthened by the development of memorandums of understanding (MOU) between the GAA and the Irish Bookmakers Association and Betfair / Paddy Power.

For more information on the campaign contact blanaid.carney@gaa.ie

For further information on problem gambling visit gamblingcare.ie

GAA DADS & LADS

'GAA for Dads & Lads' is a social hurling and football programme for those keen to enjoy Gaelic Games outside the traditional competitive structures of the GAA.

With an emphasis on the social interaction and enjoyment that only team sports can provide, GAA for Dads & Lads is about keeping fun and participation to the fore of hurling and football regardless of age or experience. The games allow incidental contact only (to minimise risk of injury) so skills are to the fore over physicality. So whether you are a recently retired great, a lapsed player looking to reconnect with the game you once loved, or completely new to Gaelic Games 'Dads & Lads' could be for you.

The GAA social games movement has seen teams pop-up all-over Ireland in recent years. If you think there is appetite for a social hurling or football team in your club or county visit <https://learning.gaa.ie/dadsandlads> for guidelines and resources. Or contact collette.coady@gaa.ie for more information.

If you have already formed a Dads & Lads team and would like to register with GAA Community & Health for updates and links to other teams click on the link below:

[GAA DADS & LADS TEAM REGISTRATION](#)





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Follow us on Twitter

The GAA Community & Health department is now on Twitter:
@GAACommunity

Our Tweets will alert followers to upcoming Community & Health activities, share live event updates, and news and stories from official GAA club and county Twitter accounts.

Follow up on @GAACommunity to stay connected and informed



Introduction to Brainpower – Free Resource for clubs

Created by a team of academics and scientists with contributions from UCC students Brainpower is a free, online, self-paced course, focusing on harnessing the power and potential of adolescent brain and behaviour for enhanced learning, wellbeing and student success in higher education.

Although targeted mainly at academic and academic support staff in higher education, Brainpower is likely to be of interest to staff across further and higher education, nationally and internationally, as well as *parents, school teachers, coaches and all those who contribute to the lives of young people.*

There are 6 modules (each approximately 60 minutes duration) that include a variety of instructive media, Panopto lectures, videos and short readings.

Areas covered are:

1. Understanding Adolescence
2. The Adolescence Brain
3. The Learning Brain
4. The Social Brain
5. The Stressed Brain
6. The Organised Brain

For more information and to access the resource click on the Brainpower image on the left.

Opportunity to Access Funding for Clubs

[CLÁR Programme 2022 -Developing Rural Areas – Click HERE for more information](#)

CLÁR provides funding for small scale infrastructural projects in rural areas that have experienced significant levels of population decline. Community Groups are encouraged to consider applying for funding for projects such as the provision of Youth Hubs, Multi-Use Gaming Areas (MUGAs), Skateboard Parks, Playgrounds, Handball Alleys, Community Cinemas and Gyms and much more. **Applications will only be accepted directly from Local Authorities Please contact your Local Authority for the Scheme Outline and further information on how to apply.**

